



REALITY

BREAD 2022

Throughout 2022, for the third year in a row, we will be engaging in a corporate reading of the New Testament together as a church. The order of daily scripture readings has been thoughtfully curated to encourage more depth and insight. The Gospels are spread throughout the year, and books and letters by the same author are presented together for consistency. We have also arranged the letters of Paul in the order they were most likely written to highlight the apostle's development of thought. And to end every week, Saturday offers a Sabbath psalm reading, featuring passages with clear New Testament connections.

Below you will find our modern take on Lectio Divina: an ancient approach of prayerfully engaging with Scriptures in order to hear God's personal word to you. In each movement of BREAD, we encourage you to be present to the Spirit, because what we seek is not simply information, or even motivation, but communion and union with God.

Be still

Find a place where you can encounter God, ask him to fill the space, and then take a minute in stillness. Focus on slowing your breathing down and calming your mind. Fix your eyes on Jesus and invite the Holy Spirit to guide your time.

Read

Read through the passage for the day. Read through the passage again slowly. Look for one verse that stands out, grabs your attention, or interests you. Write out that verse.

Encounter

Taking your chosen verse, begin to meditate on it. What comes to mind and how does it make you feel? What do you think God is trying to reveal through this verse? Allow him to speak to your heart and mind. Write a short reflection on what you think he might be saying.

Apply

Now, turn your focus outwards; think about how you might be able to apply this to your day. Write down the one thing you're going to try and live out.

Devote

Finally, close by writing a simple prayer of devotion to God. Ask God to fill you afresh and commit your day to him.

01.10 ___ Luke 1	02.24 ___ Acts 10	04.11 ___ 1 Corinthians 6
01.11 ___ Luke 2	02.25 ___ Acts 11	04.12 ___ 1 Corinthians 7
01.12 ___ Luke 3	02.26 ___ Psalm 10	04.13 ___ 1 Corinthians 8
01.13 ___ Luke 4		04.14 ___ 1 Corinthians 9
01.14 ___ Luke 5	02.28 ___ Acts 12	04.15 ___ 1 Corinthians 10
01.15 ___ Psalm 1	03.01 ___ Acts 13	04.16 ___ Psalm 27
	03.02 ___ Acts 14	
01.17 ___ Luke 6	03.03 ___ Acts 15	04.18 ___ 1 Corinthians 11
01.18 ___ Luke 7	03.04 ___ Acts 16	04.19 ___ 1 Corinthians 12
01.19 ___ Luke 8	03.05 ___ Psalm 14	04.20 ___ 1 Corinthians 13
01.20 ___ Luke 9		04.21 ___ 1 Corinthians 14
01.21 ___ Luke 10	03.07 ___ Acts 17	04.22 ___ 1 Corinthians 15
01.22 ___ Psalm 2	03.08 ___ Acts 18	04.23 ___ Psalm 31
	03.09 ___ Acts 19	
01.24 ___ Luke 11	03.10 ___ Acts 20	04.25 ___ 1 Corinthians 16
01.25 ___ Luke 12	03.11 ___ Acts 21	04.26 ___ 2 Corinthians 1
01.26 ___ Luke 13	03.12 ___ Psalm 16	04.27 ___ 2 Corinthians 2
01.27 ___ Luke 14		04.28 ___ 2 Corinthians 3
01.28 ___ Luke 15	03.14 ___ Acts 22	04.29 ___ 2 Corinthians 4
01.29 ___ Psalm 4	03.15 ___ Acts 23	04.30 ___ Psalm 32
	03.16 ___ Acts 24	
01.31 ___ Luke 16	03.17 ___ Acts 25	05.02 ___ 2 Corinthians 5
02.01 ___ Luke 17	03.18 ___ Acts 26	05.03 ___ 2 Corinthians 6
02.02 ___ Luke 18	03.19 ___ Psalm 19	05.04 ___ 2 Corinthians 7
02.03 ___ Luke 19		05.05 ___ 2 Corinthians 8
02.04 ___ Luke 20	03.21 ___ Acts 27	05.06 ___ 2 Corinthians 9
02.05 ___ Psalm 5	03.22 ___ Acts 28	05.07 ___ Psalm 34
	03.23 ___ 1 Thessalonians 1	
02.07 ___ Luke 21	03.24 ___ 1 Thessalonians 2	05.09 ___ 2 Corinthians 10
02.08 ___ Luke 22	03.25 ___ 1 Thessalonians 3	05.10 ___ 2 Corinthians 11
02.09 ___ Luke 23	03.26 ___ Psalm 22	05.11 ___ 2 Corinthians 12
02.10 ___ Luke 24		05.12 ___ 2 Corinthians 13
02.11 ___ Acts 1	03.28 ___ 1 Thessalonians 4	05.13 ___ Galatians 1
02.12 ___ Psalm 6	03.29 ___ 1 Thessalonians 5	05.14 ___ Psalm 36
	03.30 ___ 2 Thessalonians 1	
02.14 ___ Acts 2	03.31 ___ 2 Thessalonians 2	05.16 ___ Galatians 2
02.15 ___ Acts 3	04.01 ___ 2 Thessalonians 3	05.17 ___ Galatians 3
02.16 ___ Acts 4	04.02 ___ Psalm 23	05.18 ___ Galatians 4
02.17 ___ Acts 5		05.19 ___ Galatians 5
02.18 ___ Acts 6	04.04 ___ 1 Corinthians 1	05.20 ___ Galatians 6
02.19 ___ Psalm 8	04.05 ___ 1 Corinthians 2	05.21 ___ Psalm 37
	04.06 ___ 1 Corinthians 3	
02.21 ___ Acts 7	04.07 ___ Corinthians 4	05.23 ___ Romans 1
02.22 ___ Acts 8	04.08 ___ 1 Corinthians 5	05.24 ___ Romans 2
02.23 ___ Acts 9	04.09 ___ Psalm 24	05.25 ___ Romans 3

05.26 ___ Romans 4	07.11 ___ 1 Timothy 5	08.25 ___ Matthew 25
05.27 ___ Romans 5	07.12 ___ 1 Timothy 6	08.26 ___ Matthew 26
05.28 ___ Psalm 40	07.13 ___ Titus 1	08.27 ___ Psalm 95
	07.14 ___ Titus 2	
05.30 ___ Romans 6	07.15 ___ Titus 3	08.29 ___ Matthew 27
05.31 ___ Romans 7	07.16 ___ Psalm 78	08.30 ___ Matthew 28
06.01 ___ Romans 8		08.31 ___ Hebrews 1
06.02 ___ Romans 9	07.18 ___ 2 Timothy 1	09.01 ___ Hebrews 2
06.03 ___ Romans 10	07.19 ___ 2 Timothy 2	09.02 ___ Hebrews 3
06.04 ___ Psalm 45	07.20 ___ 2 Timothy 3	09.03 ___ Psalm 140
	07.21 ___ 2 Timothy 4	
06.06 ___ Romans 11	07.22 ___ Matthew 1	09.05 ___ Hebrews 4
06.07 ___ Romans 12	07.23 ___ Psalm 82	09.06 ___ Hebrews 5
06.08 ___ Romans 13		09.07 ___ Hebrews 6
06.09 ___ Romans 14	07.25 ___ Matthew 2	09.08 ___ Hebrews 7
06.10 ___ Romans 15	07.26 ___ Matthew 3	09.09 ___ Hebrews 8
06.11 ___ Psalm 46	07.27 ___ Matthew 4	09.10 ___ Psalm 102
	07.28 ___ Matthew 5	
06.13 ___ Romans 16	07.29 ___ Matthew 6	09.12 ___ Hebrews 9
06.14 ___ Colossians 1	07.30 ___ Psalm 86	09.13 ___ Hebrews 10
06.15 ___ Colossians 2		09.14 ___ Hebrews 11
06.16 ___ Colossians 3	08.01 ___ Matthew 7	09.15 ___ Hebrews 12
06.17 ___ Colossians 4	08.02 ___ Matthew 8	09.16 ___ Hebrews 13
06.18 ___ Psalm 51	08.03 ___ Matthew 9	09.17 ___ Psalm 104
	08.04 ___ Matthew 10	
06.20 ___ Ephesians 1	08.05 ___ Matthew 11	09.19 ___ James 1
06.21 ___ Ephesians 2	08.06 ___ Psalm 90	09.20 ___ James 2
06.22 ___ Ephesians 3		09.21 ___ James 3
06.23 ___ Ephesians 4	08.08 ___ Matthew 12	09.22 ___ James 4
06.24 ___ Ephesians 5	08.09 ___ Matthew 13	09.23 ___ James 5
06.25 ___ Psalm 62	08.10 ___ Matthew 14	09.24 ___ Psalm 110
	08.11 ___ Matthew 15	
06.27 ___ Ephesians 6	08.12 ___ Matthew 16	09.26 ___ Jude
06.28 ___ Philemon	08.13 ___ Psalm 91	09.27 ___ Mark 1
06.29 ___ Philippians 1		09.28 ___ Mark 2
06.30 ___ Philippians 2	08.15 ___ Matthew 17	09.29 ___ Mark 3
07.01 ___ Philippians 3	08.16 ___ Matthew 18	09.30 ___ Mark 4
07.02 ___ Psalm 68	08.17 ___ Matthew 19	10.01 ___ Psalm 111
	08.18 ___ Matthew 20	
07.04 ___ Philippians 4	08.19 ___ Matthew 21	10.03 ___ Mark 5
07.05 ___ 1 Timothy 1	08.20 ___ Psalm 94	10.04 ___ Mark 6
07.06 ___ 1 Timothy 2		10.05 ___ Mark 7
07.07 ___ 1 Timothy 3	08.22 ___ Matthew 22	10.06 ___ Mark 8
07.08 ___ 1 Timothy 4	08.23 ___ Matthew 23	10.07 ___ Mark 9
07.09 ___ Psalm 69	08.24 ___ Matthew 24	10.08 ___ Psalm 112

10.10 ___ Mark 10
10.11 ___ Mark 11
10.12 ___ Mark 12
10.13 ___ Mark 13
10.14 ___ Mark 14
10.15 ___ Psalm 116

10.17 ___ Mark 15
10.18 ___ Mark 16
10.19 ___ 1 Peter 1
10.20 ___ 1 Peter 2
10.21 ___ 1 Peter 3
10.22 ___ Psalm 117

10.24 ___ 1 Peter 4
10.25 ___ 1 Peter 5
10.26 ___ 2 Peter 1
10.27 ___ 2 Peter 2
10.28 ___ 2 Peter 3
10.29 ___ Psalm 118

10.31 ___ John 1
11.01 ___ John 2
11.02 ___ John 3
11.03 ___ John 4
11.04 ___ John 5
11.05 ___ Psalm 119:1-40

11.07 ___ John 6
11.08 ___ John 7
11.09 ___ John 8
11.10 ___ John 9
11.11 ___ John 10
11.12 ___ Psalm 119:41-80

11.14 ___ John 11
11.15 ___ John 12
11.16 ___ John 13
11.17 ___ John 14
11.18 ___ John 15
11.19 ___ Psalm 119:81-120

11.21 ___ John 16
11.22 ___ John 17
11.23 ___ John 18
11.24 ___ John 19
11.25 ___ John 20
11.26 ___ Psalm 119:121-176

11.28 ___ John 21
11.29 ___ 1 John 1
11.30 ___ 1 John 2
12.01 ___ 1 John 3
12.02 ___ 1 John 4
12.03 ___ Psalm 121

12.05 ___ 1 John 5
12.06 ___ 2 John
12.07 ___ 3 John
12.08 ___ Revelation 1
12.09 ___ Revelation 2
12.10 ___ Psalm 132

12.12 ___ Revelation 3
12.13 ___ Revelation 4
12.14 ___ Revelation 5
12.15 ___ Revelation 6
12.16 ___ Revelation 7
12.17 ___ Psalm 139

12.19 ___ Revelation 8
12.20 ___ Revelation 9
12.21 ___ Revelation 10
12.22 ___ Revelation 11
12.23 ___ Revelation 12
12.24 ___ Psalm 143

12.26 ___ Revelation 13-14
12.27 ___ Revelation 15-16
12.28 ___ Revelation 17-18
12.29 ___ Revelation 19-20
12.30 ___ Revelation 21
12.31 ___ Psalm 145